

## FOCCUS

FOCCUS (Facilitating Open Couple Communication, Understanding, and Study) is a Premarital Inventory Assessment. **It is NOT** a test. **It IS** a tool to help couples explore aspects of their future marital relationship.

This tool assesses their readiness to marry and how well they communicate with each other. The tool identifies potential strengths and weaknesses in their relationship and indicates where additional dialog could be useful.

Typically, the assessment is administered at the parish office or can be taken online at home. It requires about an hour to complete. It will take day or so to assess the results. At a second meeting with the priest or deacon the results will be reviewed and discussed. Discussions of the results typically takes about an hour, but can take up to 3 hours depending on the couple's responses to the questions and how well they communicate.

If your parish is registered with FOCCUS, go to <https://www.foccusinc.com> to sign up a couple for a session.

Each parish is responsible for registering with FOCCUS. Most of the parishes in our diocese already have an account set up. If not contact the FOCCUS Office and register.

Contact information is as follows:

FOCCUS Family Life Office, 3214 N.60th St., Omaha, NE 68104, (402) 551-9003 <https://www.foccusinc.com>